

## GOODMORNING AND GOODBYE SONGS

Say hello to Sally, to Sally, to Sally.  
Say hello to Sally, we are glad that you're here.



Christie's here today, Christie's here today.  
Let's all splash our hands because,  
Christie's here today.

Tell me what your name is,  
I wonder if you know?  
Your name is (child's name)  
Hello, hello, hello

Good morning to Tom, to Tom, to Tom.  
Good morning to Tom and how are you?

Say goodbye to everyone, to everyone, to everyone.  
Say goodbye to everyone, we'll see you next week, cause your friends are my friends and my friends are your friends.  
Say goodbye to everyone we'll see you next week (or time or term or we are glad that you came).

## INTRODUCTION SONGS

### THE FISH IN THE WATER

(Sung to the tune "The Wheels on the Bus")

The fish in the water, splash all around, all around, all around, the fish in the water, splash all around, all day long.

The fins on the fish pull round and round, etc (pulling arms)

The whales in the water, blow bubbles everywhere, (bubbles)

The waves in the water, swish to and fro, etc (swishing side to side)

The tide in the water flows in and out, etc (pendulum swing)

The tails on the fish, flick up and down, etc (kicking legs)

The dolphins in the water, jump up and down, etc (jumps)

OR go up and under, etc (submerging)



### LITTLE GREEN FROG



Splash, splash went the little green frog one day,  
Splash, splash went the little green frog,  
Splash, splash went the little green frog one day,  
And they all went splash, splash, splash.

Can be repeated with any/or all of the following - blow, float, swish, pull, kick and swim.

## THIS IS THE WAY

This is the way we wash our face, wash our face, wash our face.  
This is the way we wash our face, so early in the morning.



Repeat with any/or all of the following:

This is the way we wash our hair, splash our hands, blow big bubbles,  
float on our front/back, pull our arms, kick our legs and swim along.

## DEEP BLUE SEA



Splashing all around in the deep blue sea,  
Splash, splash, splash, splash,  
Splash along with me.

Can be repeated with any/or all of the following - swishing, floating, jumping, blowing, pulling,  
kicking and swimming.

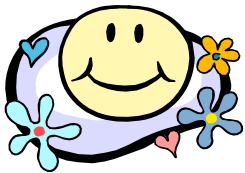
## EVERYBODY

Everybody splashing, splashing, splashing  
Everybody splashing just like me.



Can be repeated for any/or all of the following skills – clapping, blowing, floating, swishing,  
pulling, kicking and swimming.

## IF YOU'RE HAPPY AND YOU KNOW IT

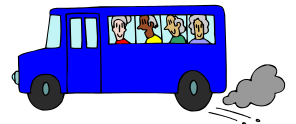


If you're happy and you know it clap your hands,  
If you're happy and you know it clap your hands,  
If you're happy and you know it then you really ought to show it,  
If you're happy and you know it, clap your hands.

Can be repeated for any/or all of the following skills – splashing, blowing, floating, swishing,  
pulling, kicking and swimming.

## THE WHEELS ON THE BUS

The wheels on the bus go round and round, round and round,  
round and round, the wheels on the bus go round and round, all  
day long.



Repeated with any of the following – the motor on the bus goes brrr, brrr, brrr, the  
horn on the bus goes beep, beep, beep, the wipers on the bus go swish, swish, swish, the  
doors on the bus go open and close, the children on bus run in and out, the Grandpas on the  
bus are taking a nap, the mothers on the bus go up and under.

## I HEAR SPLASHING

(Sung to the tune of "I hear thunder")

I hear splashing, I hear splashing, hark don't you? Hark don't you?

Pitter-patter raindrops, pitter-patter raindrops. I'm wet through, so  
are you.

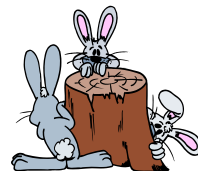


Can be repeated with any of the following – clapping, blowing, swishing,  
floating, pulling, kicking and swimming.

## LITTLE PETER RABBIT

Little Peter rabbit had a fly upon his nose,  
Little Peter rabbit had a fly upon his nose,  
Little Peter rabbit had a fly upon his nose  
And he splished and he splashed it and the fly flew away.

Can be repeated with any of the following – blew it, swished it, pulled it, kicked it and swam it.



## WHERE IS THUMBKIN



Where is Thumbkin, where is Thumbkin?

Here I am, here I am.

How are you today, sir?

Very well I thank you.

Splash away, splash away.

Can be repeated with any/all of the following – blow, float, swish, pull, kick and swim.

## DINGLE DANGLE SCARECROW

When all the cows are sleeping and the sun has gone to bed, up  
jumped the Scarecrow and this is what he said,  
“I’m a dingle, dangle scarecrow, with a flippy, floppy hat.  
I can splash my hands like this (little) and splash my hands like that.

Can be repeated with the following – blow, pull, kick, swim and jump in.



## HEAD AND SHOULDERS



Head and shoulders, knees and toes, knees and toes, knees and toes.

Head and shoulders, knees and toes, we all clap our hands together.

Can be repeated with any of the following: splash, blow, float, swish, pull, kick, swim.

## OLD MACDONALD

Old MacDonald had a pool, e, i, e, i oh.

And in this pool he did some splashing, e, i, e, i oh.

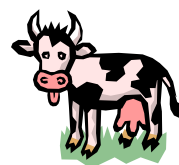
With a splash, splash here and a splash, splash there,

Here a splash, there a splash,

Everywhere a splash, splash.

Old MacDonald had a pool e, i, e, i oh.

Repeat for blowing, floating, swishing, pulling, kicking  
swimming.



and

# JUMPING IN AND SUBMERGING SONGS

## LITTLE FISHY



I'm a little fishy, see me swim.  
Here is my tail, here is my fin.  
When I want to have fun with my friends  
I wiggle my tail and jump right in.

Count 1, 2, 3. Standing on edge after 3 jump in turn and swim back to wall.

## OLD KING COLE

Old King Cole was a merry old soul and a merry old soul was he,  
He stood on the ledge with his toes to the edge  
And jumped on the count of three. 1, 2, 3.



## HUMPTY DUMPTY



Humpty Dumpty sat on the wall,  
Humpty Dumpty had a great fall.  
All the kings' horses and all the kings' men  
Couldn't put Humpty together again.

## THE JACK IN THE BOX

The Jack in box jumps up,  
The Jack in the box goes down,  
The Jack in the box goes round and round  
And then the lid goes down.



## THERE WERE THREE IN THE BED



There were three in the bed  
And the little one said, roll over, roll over.  
So they all rolled over and one fell out.

Repeat until all the babies are rolled off the mat.

## BOBBING UP AND DOWN IN THE SWIMMING POOL

Bobbing up and down in the swimming pool,  
Bobbing up and down in the swimming pool,  
Bobbing up and down in the swimming pool,  
Now we all climb out

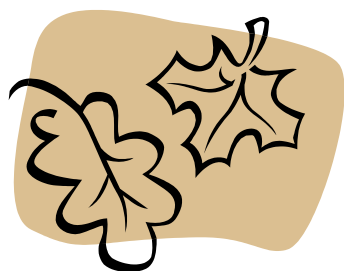
## JACK BE NIMBLE



Jack be nimble, Jack be quick. Jack jumped over the candlestick.

## TEN GREEN BOTTLES

Ten green bottles hanging on the wall  
Ten green bottles hanging on the wall  
And if one green bottle should accidentally fall  
There'll be nine green bottles hanging on the wall.

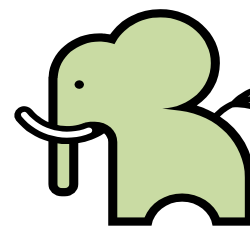


## LEAVES ARE FALLING *(to the tune of "I hear thunder")*

Leaves are falling; leaves are falling  
To the ground, to the ground  
Look at all the colours, look at all the colours  
Red, yellow, brown. Red, yellow, brown

## NELLIE THE ELEPHANT

Nellie the Elephant, packed her trunk  
and trundled out of the jungle.  
Off she went with a trumpety trump  
and a great big jump!



## SPECKLED FROG

Eight little speckled frogs sat on a speckled log  
Eating a most delicious bug. Yum, yum.  
All jumped into the pool where it was nice and cool,  
Then there were no speckled frogs, glug, glug.



## JUST FOR FUN SONGS

### THE HOKEY POKEY

You put your right hand in, you put your right hand out,  
You put your right hand in and you shake it all about.  
You do the Hokey Pokey and you turn right around  
And that's what it's all about.  
Repeat for left hand, right foot, left foot and whole body.



### INCY WINCY SPIDER



Incy Wincy spider climbed up the water spout.  
Down came the rain and washed pour Incy out.  
Out came the sun and dried out all the rain  
And Incy Wincy spider climbed up the spout again.

## MR FROG

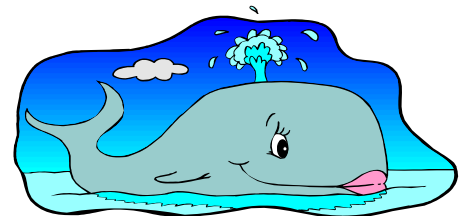
Mr Frog jumped out of his pond one day  
And found himself in the rain, said “hey!  
Well I might get wet and I might get cold”.  
So he jumped in his pond again.



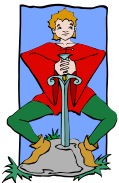
## THE WHALE WIGGLE

(Sung to the tune “Hokey Pokey”)

You put your right fin in, you put your right fin out,  
You put your right fin in and you shake it all about.  
You do the whale wiggle and you turn right around  
And that’s what it’s all about.  
Whoa... do the whale wiggle,  
Whoa... do the whale wiggle,  
Whoa... do the whale wiggle  
And that’s what it’s all about.  
Left fin – right flipper – left flipper – whole whale, etc



## SIMON SAYS



Simon says, “Blow some bubbles”.  
Follow with run and splosh, pull your arms, kick your legs, float on your front/back,  
touch the bottom and swim around.

## RING A RING A ROSIE

Ring a ring a Rosie, a pocket full of posies,  
A tissue, a tissue, we all blow bubbles.  
Cows in the meadow, eating buttercups,  
A tissue, a tissue, we all jump up.  
Swish around the roses, a pocket full of posies,  
A tissue, a tissue, we all turn around.  
Ring a ring a Rosie, a pocket full of posies,  
A tissue, a tissue, we all fall down.



# SWIM ALONG SONGS

## LONDON BRIDGE

London Bridge is falling down, falling down, falling down,  
London Bridge is falling down, my fair lady.

Build it up with sticks and stones, etc

Build it up with bread and jam, etc

Pull our arms to move along, etc

Kick our legs to move along, etc

Pull and kick to swim along, etc

Any of the introduction songs can be used as swim along songs if required during lessons.



## ROLLING, BACKFLOATS AND MAT WORK SONGS

### I'M A LITTLE PANCAKE

(Sung to the tune of "I'm a little Teapot")



I'm a little pancake nice and flat,  
I'm a little pancake on my back,  
When I get all cooked up then I cry  
Flip me over to the other side.

### I'M A LITTLE STARFISH



I'm a little starfish on my back,  
I'm a little starfish nice and flat,  
Roll me over and swim me back.

Good for back floating and pendulum rolling into front swim position – floating away from the edge, swimming back to the edge.

### THE MULBERRY BUSH



Here we go round the Mulberry bush,  
The Mulberry bush, the Mulberry bush.  
Here we go round the Mulberry bush  
All on a Saturday morning.

### TWINKLE, TWINKLE LITTLE STAR



Twinkle, twinkle little star,  
How I wonder what you are?  
Up above the world so high  
Like a diamond in the sky.  
Twinkle, twinkle little star,  
How I wonder what you are?

## WASH THE DISHES

Wash the dishes, wipe the dishes  
Ring the bell for tea.  
Three good wishes, three good kisses  
I will give to thee.

## NOODLE WORK SONGS

### HORSEY, HORSEY

Horsey, horsey don't you stop  
Just let your feet go clippetty clop  
The tail goes swish and the wheels go round  
Giddy up, we're homeward bound.

