



# ANZAC DAY

THURSDAY 25<sup>TH</sup> APRIL 2019

CENTRE HOURS: 1.00pm – 7.00pm

<b>Group Fitness Studio 1</b>	1:15 – 2:15pm	BODY PUMP	MONIQUE
	2:15 – 2:45pm	CXWORX	ELYSE
	3:00 – 4:00pm	BODY BALANCE	ELYSE
	4:30 – 5:30pm	BODY ATTACK	MARY
	5:30 – 6:30pm	BODY PUMP	YOLANDE
<b>Group Fitness Studio 2</b>	1:15 – 2:00pm	THROWDOWN COMBO CARDIO / POWER	COLIN