

# SPA, SAUNA & STEAMROOM ETIQUETTE

PLEASE, WOULD YOU...



**SHOWER FIRST**



**COVER UP**

& SIT ON A TOWEL IN THE SAUNA



**NEVER STARE**



**MAINTAIN YOUR DISTANCE**



**MIND YOUR LANGUAGE**



**ADJUST YOUR VOLUME**



**REFRAIN FROM GROOMING**

NO RAZORS, SOAPS OR OILS



**NEVER RELIEVE YOURSELF**

RESTROOMS ARE LESS THAN 50M AWAY



**RELAX RESPECTFULLY**